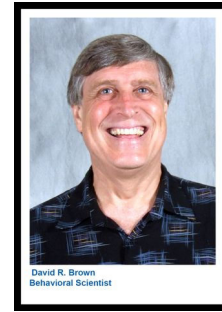


Biographical Sketch

David R. Brown, Ph.D. is a Senior Behavioral Scientist with the Centers for Disease Control and Prevention (CDC) National Center for Chronic Disease Prevention and Health Promotion, Division of Nutrition, Physical Activity, and Obesity, Physical Activity and Health Branch, Atlanta, Georgia, U.S.A. The CDC is the national public health agency of the United States.



According to the CDC website (<http://www.cdc.gov/>), “for over 60 years, CDC has been dedicated to protecting health and promoting quality of life through the prevention and control of disease, injury, and disability. CDC professionals are committed to programs that reduce the health and economic consequences of the leading causes of death and disability, thereby ensuring a long, productive, healthy life for all people.”

Dr. Brown received his second Ph.D. in Kinesiology with a major in Exercise and Sport Psychology from the University of Wisconsin-Madison in 1985. He also earned M.A. and Ph.D. degrees in Educational Psychology from the University of Arizona in 1973 and 1976, respectively, and a B.S. degree in Special Education from Western Michigan University in 1970. Before coming to CDC as a Behavioral Scientist with the Physical Activity and Health Branch in 1992, his professional experiences included serving as a special education teacher and then as Chief School Psychologist in a public school district in Tucson, Arizona; serving as Assistant Professor in the Department of Physical Education, Health, and Sport Studies at Miami University-Ohio; and serving as Director of Exercise and Sport Psychology in the Exercise Physiology and Nutrition Laboratory, Division of Cardiovascular Medicine, at the University of Massachusetts Medical Center. His public health focus is primarily on promoting physical activity among older adults and persons with disabilities, on psychobiosocial factors that influence physical activity behavior, and psychobiological outcomes, including depression and cognitive functioning, associated with physical activity. Dr Brown has served on numerous steering committees that have produced materials that focus on physical activity and older adults. These include:

- *2008 Physical Activity Guidelines for Americans* (that include a specific focus on older adults).
- *A Community-wide Campaign to Promote Physical Activity Among Mid-Life and Older Adults: Lessons Learned from AARP’s Active for Life Campaign and a Synopsis of Evidence-based Interventions* (2007). Developed as an AARP (American Association of Retired Persons) and CDC collaboration.
- *Reference Guide of Physical Activity Programs for Older Adults: A Resource for Planning Interventions* (2007). Developed as a joint collaboration between

- CDC's, Division of Diabetes Translation, and Division of Nutrition, Physical Activity, and Obesity.
- *The Healthy Brain Initiative: A National Public Health Roadmap to Maintaining Cognitive Health* (2007). Developed as a joint collaboration between the Alzheimer Association, U.S.A. and CDC.
 - *The Blueprint for Increasing Physical Activity among Adults Age 50 and Older* (2000). Developed as collaboration among the Robert Wood Johnson Foundation, U.S.A., CDC, and almost 50 other agencies and organizations.
 - *National Arthritis Plan: A Public Health Strategy* (1999). Developed by the Arthritis Foundation National Office, U.S.A., in collaboration with CDC and other numerous agencies and organizations.
 - *Physical Activity and Public Health: A Report to the Surgeon General* (1996). *Americans* (includes information on physical activity and older adults). U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion.